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If you want to find
THE SECRETS
of the universe

ENERGY requency and

VIBRATION.

- NIKOLA TELSA -



Winfried Otto Schuman (1888–1974)

## Schumann Resonances

The **Schumann Resonances** (SR) are a set of spectrum peaks in the Extremely Low Frequency (ELF) portion of the Earth's electromagnetic field spectrum. German professor and physicist Winfried Schumann, from the Technical University of Munich, taught his students about the physics of electricity. In 1952, Schumann mathematically predicted the global electromagnetic resonance phenomenon between the surface of the Earth and the conductive ionosphere to be at 7.83-Hz. Later his calculations were confirmed.

After Schumann published his research, a physician named Dr. Ankemueller quickly made the connection between the Schumann Resonance and the alpha rhythm of brainwaves.

Ankemueller realized that the Earth and the human brain had the same natural resonance! Further research conducted by Herbert Konig confirmed this by comparing EEG recordings with the resonances

The research shows that 7.83-Hz, the Earth's frequency, is **ou** natural frequency or biofield. This also applies to all classifications of animalia.





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When you can't walk barefoot in the sand...

## ENERGY GROUNDING JEWELRY

Electromagnetic pollution?

## Harmful effects of EMF exposure

Dirty electricity is a form of electromagnetic pollution or radiation. It is also called electromagnetic interference (EMI) or electrical "noise." It refers to powerful, high-frequency electrical energy traveling through wiring in buildings that should be using standard 60-Hz AC electricity.

When the electricity in your home, office, school, or other buildings reaches appliances, computers, or other electronic devices, many of these devices require a transformer to cover the voltage or current which disrupts the flow of electricity. These power disruptions create irregular, high-frequency surges of "dirty electricity" that travel along with a buildings' normal wiring, which should only contain 50- or 60-Hz electricity. These surges are also known as high-frequency voltage transients.

WiFi is a standard wireless networking technology that allows remote communications between computers and other electronic devices.

Various research and studies over the past few decades have shown that these things are harmful to our health.

Have you ever known a seemingly healthy young person that exercised regularly, ate clean foods, lived a clean life, and died of some disease long before his natural life span? While there could be many answers to the question of what caused the deadly disease, there is a very real possibility is that his young life was taken by a silent killer: direct electricity or EMF.

That young person probably had one thing in common with almost all of us--constant exposure to dirty electricity, Wifi signals, and other forms of electromagnetic pollution.

In our homes and interior spaces, we are surrounded by electrical appliances. We sleep on mattresses full of metal coils, maybe on a metal bed frame, up against a wall constantly emitting AC electrical currents.

And sadly, our children are exposed to it.

Most of us carry a cell phone or other portable devices on our personal or within nine feet of us at all times.

Although we at the Quantum Healing Universe cannot make claims about the health risks of electrical pollution, you may read some of the quotes below from articles written about dirty electricity and EMF exposure or order the books via the attached images or links and decide for yourself if those frequencies are harmful.

## Grounding

Also known as "Earthing," grounding is simply connecting directly with the ground beneath your feet. Take walk barefoot in a patch of cool grass or bare soil; wade in a stream; dig your toes into a sandy beach. Do you feel both energized and relaxed? Do you feel grounded? What you're feeling is a connection to the natural frequencies of the Earth--consider it a dose of "electrical nutrition."

What keeps us from getting our daily dose of "Vitamin G" (grounding)? We are rarely grounded in our daily activities and lives. We live in cement and asphalt jungles, wear shoes and are surrounded by manmade electrical energies (electromagnetic frequencies, or "EMF") from cell phones, cell towers, power lines, radio stations, and other harmful energies. This manmade EMF radiation is polluting our biofields, causing a loss of communication between the cells in our bodies. That communication loss also results in energy loss.

Some of the positive effects reported by those using Grounding technology and jewelry:

- Revitalized and more energetic
- Improved blood circulation
- Rapid recovery from intense physical activities
- Reduced stress and anxiety
- Hair and nails grow faster
- Rapid healing from injuries
- Improved sleep
- Immediate pain relief or reduction



Thank you Alicia Tatum for sharing your knowlege.